

“I AM” POEM EXAMPLE #1

I Am Tired not Weary ©

I am tired not weary,
I wonder if you see my pain.
The tunnel beckons me to the light.
I loathe the hurt encasing me,
I seek the peace it promises,
I am tired not weary.

I strive to ski the slopes of life,
I feel lifted by the whiteness,
My tongue touches a flake of it.
I worry it will not last,
I deny the thought of darkness,
I am tired not weary.

I understand I must endure,
I accept, the first step,
Imagining others understand,
I try to express my worth.
I seek knowledge in truth,
I am tired not weary.

Written by Celeste Cooper



“I AM” POEM EXAMPLE #2

“I Am” By Mrs. Belliveau

I am strong and perseverant.
I wonder if I'll make a difference.
I hear voices of doubt, but
I see the sun on a cloudy day.
I want to succeed.
I am strong and perseverant.

I pretend I am not weary, but
I feel exhausted and spent.
I touch your minds to inspire, but
I worry it is not enough;
I cry when it isn't.
I am strong and perseverant.

I understand your problems.
I say you can trust me.
I dream for a brighter future for you, and
I try my best to help;
I hope my best is good enough.
I am strong and perseverant.



“I AM” POEM

- You will write your own “I Am” poem that centers around a theme of your choosing.
- You do not need to follow the template exactly, but try to keep the first 2 words of each line the same as the template.
- Instead of filling in the template with random, disconnected words, you must make your poem’s ideas flow together under one theme.



I AM POEM TEMPLATE

I am

I wonder

I hear

I see

I want

I am (repeat first line)

I pretend

I feel

I touch

I worry

I cry

I am (repeat first line)

I understand

I say

I dream

I try

I hope

I am

Complete each line to finish the poem, but make the lines work together as if you're telling a story.

You may want to have you theme in mind as you write so that all the lines connect to your overall theme.

