

Nonfiction Book List

- Heaven is for Real**- 4 year old boy's story of visiting heaven while he was in surgery
- American Sniper**- Autobiography of Chris Kyle, the most lethal sniper in US military history
- Orange is the New Black**- Account of Piper Kerman's 15-month stint in a women's prison
- A Train in Winter**- 230 courageous French women who battled against the Nazis in various ways.
- The Glass Castle**- Memoir of a girl and her dysfunctional, yet loving family.
- Half Broke Horses**- Same author as The Glass Castle. It is the story of her grandmother.
- A House in the Sky**- Story of a woman's 15 month abduction in Somalia
- Wild**- A woman's quest of self-discovery, hiking over 1000 miles on the Pacific Crest Trail alone.
- Unbroken**-Story of Louis Zamperini, an Olympian and Airman during WWII.
- The Boys in the Boat**- American rowers who competed in the Berlin Olympics just prior to WWII
- Cinderella Man**- Story about a boxing underdog and his rise to fame during the Great Depression
- I Am Malala**- Young woman who was shot by the Taliban for standing up for Women's Education
- The Girl With No Name**- 4 year old was abducted, abandoned in the jungle and raised by monkeys
- Tuesdays with Morrie**- Story of a young man and life lessons learned from an older, wiser mentor.
- Moneyball**- Story of how a low-budget baseball team changed the game, finding the secret to success
- Prisoner of Tehran: A Memoir**- Story of survival inside an Iranian Prison
- Popular**- account of surviving 8th grade in the 21st century by following a 1950s popularity guide book.
- Chris Hadfield: An Astronaut's Guide to Life on Earth**- Account of his training and space exploration
- Brain on Fire: My Month of Madness**- Story of a woman who very suddenly contracted a mysterious disease and went temporarily mad.
- Angela's Ashes**- Story of a poverty-stricken boy growing up in Ireland in the Depression-era
- A Child Called "It"**- Account of a child who was severely mistreated by his emotionally unstable mother.
- A Long Way Gone**- Memoir of a boy child soldier in Africa
- The Bite of the Mango**- Memoir of a girl child soldier
- Black Like Me**- Journalist uses medication to make himself look black and documents his experiences
- The Liar's Club**- story of an "apocalyptic childhood" in a dysfunctional family (Like the Glass Castle)
- Maus (I and II)**- Graphic novel about a holocaust survivor and his son.
- Night**- Holocaust survivor's account of his experiences.
- Trafficked: My Story of Surviving, Escaping, and Transcending Abduction into Prostitution**
Boyfriend forces his girlfriend into prostitution in a foreign country when she goes to visit him
- Into the Wild** - In April 1992 a young man from a well-to-do family hitchhiked to Alaska and walked alone into the wilderness. He had given \$25,000 in savings to charity, abandoned his car and most of his possessions, burned all the cash in his wallet, and invented a new life for himself.
- Unflinching: The Making of a Canadian Sniper** - Like the Canadian version of American Sniper
- A Teenager's Journey: Overcoming a Childhood of Abuse**
- Twelve Years a Slave** - Solomon Northup, born a free man in New York, was lured to Washington, D.C., in 1841 with the promise of fast money, then drugged and beaten and sold into slavery. He spent the next twelve years of his life in captivity on a Louisiana cotton plantation.
- Playing with Fire: The Highest Highs and Lowest Lows of Theo Fleury**
- Conversations with a Rattlesnake: Raw and Honest Reflections on Healing and Trauma** -
(Transcripts of Theo Fleury's therapy sessions)
- The Lost Boy: A Foster Child's Search for the Love of a Family**
- 127 Hours** - In April 2003, whilst hiking in the Utah canyons, Aron Ralston was trapped by the hand for six days by an 800-pound boulder. Finally, he faced a terrible decision: he had cut off his hand or face death.
- The Day the World Came to Town: 9/11 in Gander, Newfoundland**